Y2 Knowledge Organiser Food chains and keeping healthy

Key Vocabulary	
Germs e.g. virus and bacteria	Can cause infectious diseases.
Food source	The different sources that provide food for the survival of humans and animals.
Predator	An animal that lives by killing and eating other animals.
Prey	An animal that is hunted or killed by another animal for food.
Carnivore	An animal that eats meat.
Herbivore	An animal that eats plants.
Omnivore	An animal that eats both meat and plants.
Hunt	Pursue and kill (a wild animal) for food.
Forage	Search widely for food or provisions.

Keeping healthy	
	Washing hands with soap
Good hygiene	Brushing teeth
	Washing body daily
Plenty of sleep	Getting enough sleep every night.
Exercise	 Physical activity that builds strong bones and bodies e.g. Running, walking, playing sports
A balanced diet	 Eating the right amount and types of food Eating the right amount meat, fish, dairy, fruit and vegetables Only eating small amounts of salty, sugary and fatty foods

